Dear Parents,

In speaking with Fr Renald last week, he told me that he had a great coffee morning with about six Year 6 mums who were left behind at school after saying farewell to their little campers. This got us thinking and Fr Renald suggested that it could be an opportune time to start up a coffee morning at a local café once a month. Either Fr Renald, Fr Joseph or Fr Mark would come along and if available, so would I. This would be a lovely way to get to know each other, ask questions and work toward solving the problems of the world! We’ll let you know when one of our priests is next available for a coffee.

ENVIRONMENTAL MINISTRY NEEDS YOUR HELP!
The Environmental Leaders, together with the Student Leaders, are working in the support of the P&F for the upcoming fete later in the year, by assisting with a PLANT STALL. The students are looking for the following donations from our community:

- Cuttings to grow
- Plants such as agapanthas etc
- Cacti
- Any plants already in pots
- Small plastic pots
- Any terracotta or decorative pots that you are happy to donate

This is a great opportunity for our students to begin working in and around the greenhouse, studying and learning about plants, putting together a business plan and, at the end of the day, having fun and supporting the school. If you can help out in any way, that would be very much appreciated. Just send things along to the office whenever you can.

It was fantastic this afternoon to watch the Year 3 children participate in a Skype interview from Spain with our very own WA Olympic Triathlete, Ryan Bailie. The children had obviously done some research and they asked some great questions. How times have changed and how lucky are our children to have had the opportunity to communicate face to face in this way. Many thanks to Mrs Lori for setting up the interview.

Hopefully this very short work week will continue to warm up for us.

Thank you for your continued support.

Many blessings

Tamara McGougan

PRINCIPAL
UNIFORM PRICE UPDATE
Please note that, due to supplier cost increases, some of our uniform items have increased in price.
Please see the attached Uniform Order form for details. Prices have also been updated on www.ouronlinecanteen.com.au

SCHOLASTIC BOOK CLUB
Book club orders are due in by Friday 10th June. We are unable to accept late orders. Please make cheques payable to Whitford Catholic Primary School.

MUSIC NEWS - One Big Voice
Our Years 4-6 School Choir will be singing in the One Big Voice Festival at the Perth Arena on August 12th.
Tickets have now gone on sale through Ticketek. When buying tickets, mention the name of the school and you should be given tickets which will give a good view of our choir.
A reminder that choir practice is every Monday at 3pm, with extra rehearsals on Monday and Tuesday mornings before school, and Monday lunchtime.

Leanne Fragomeni
MUSIC SPECIALIST

YEAR 3 CLASSES INTERVIEW AN OLYMPIAN
This afternoon, as a part of our report research into Australian Olympians, the Year 3 students were lucky enough to Skype Ryan Bailie who will be participating in the Rio 2016 Olympics. We had a 25 minute interview live from Spain. Ryan Bailie is a 25 year old triathlete and hopes to win gold for Australia. We found out that he runs up to 28km per day, only started training 5 years ago and misses his family in Bunbury.
We're so lucky to experience Skyping a real Olympic Games athlete! GO RYAN!!

Cian Corcoran, Olivia Gott and Eliza Boylen
YEAR 3 STUDENTS

DANCE NEWS
Boys Dance
Thank you for sending back forms, however we are still waiting on a few more to come back. Please let me know if you need a note. The boys have been working incredibly hard, what a great group we have!

Year 3 - Year 6 Dance Showcase
A reminder that costumes need to be given to classroom teachers in a plastic bag with your child's name on it this week.

Candice D'Adamo
DRAMA AND DANCE SPECIALIST

PE NEWS
Lightning Carnival
Congratulations to all Year 5 and 6 students involved in the recent Lightning Carnival. Not only did we manage some terrific results across all sports, but our sportsmanship and participation was a credit to all involved. Thank you to all of our parent coaches who gave up time to coach and train our students. We really appreciate all your do for our school.

Interschool Cross Country
Information has been given to all students representing our school at this 2016 Interschool Carnival to be held on 24th June at Mawson Park.
Training commences today after school and will continue up until the Carnival. Any parents who are willing to help at the training sessions or on the Carnival day please let me know.

Adriano D'Adamo

P&F NEWS
Entertainment Books
All outstanding payments or unwanted books are now past due. Please return any unwanted Entertainment Books or make purchase ASAP. Payments may be made online with the following url: www.entertainmentbook.com.au/orderbooks/86141z
For any queries, please contact Ines Elloy on 044 8800 471

Hawaiian Disco
This is an annual event that the kids really enjoy so we hope to see you all there. This year you are able to pre-purchase tickets and food through the link below which will be a great time saver for all the children and parents on the night.
https://www.trybooking.com/205265

Carnival Fete
We are planning a Carnival Fete on Saturday 5th November from 11am until 3pm. If you have any ideas for the day or would like to help, please email pandf@wcps.wa.edu.au

Jar Collection
If you have any jars which can be used for jams and sauces, please bring them to the Office.

Craft Group
If any parents are interested in being a part of a Craft Group, please contact the P&F on pandf@wcps.wa.edu.au

Nadine Cooperwhite
P&F PRESIDENT

SOCIAL WORKER NEWS:
CANCELLATION OF UPCOMING GIRLPower & GOODGuys WORKSHOPS - THE LANGUAGE OF FRIENDSHIP AT WCPS:
Unfortunately we have had to cancel the planned Girlpower & Goodguys Workshops due to insufficient numbers.

Why finishing 4th beats winning – Michael Grose
Everyone wants to win. We want it for ourselves. We want it even more for our kids. It’s great to see the smile of satisfaction on a child’s face after winning a game, a race or finishing on top of the pile in any endeavour. Winning feels good. It means they’re doing well. It’s equated with success. It’s a good habit to develop – or so the theory goes.

But winning is just one part of the story.

Not finishing first carries emotion too, though it’s not necessarily positive. It’s good for kids to experience disappointment, annoyance and frustration just as it’s good for them to experience positive emotions. It’s good to learn when you are young that bad feelings happen, but they don’t last. This is a valuable life lesson. Not winning also teaches kids that there is a link between success and effort. It teaches them that perseverance pays off eventually. Helping kids to accept setbacks and unpleasant emotions, rather than blocking them out, is the key to building their resilience.

So if you have a child that continuously comes 4th (figuratively as well as literally) here are some strategies that you can focus on:

1. Encourage liberally: Stanford University professor Carol Dweck (who has written a great deal on this very topic) encourages parents to use process praises: “You used smart strategies”, “You worked hard on that one”, “You thought long and hard to work that problem out”. She says this helps kids value effort and work for longer-term results.

2. Focus on struggles, not just on victories: Your focus as a parent reveals your values. If you value effort and struggle then you need to be on the lookout for these so you can applaud them. If winning is all you value, then you’ll only focus on that. There is a choice here.

3. Share stories of struggle and overcoming adversity: Whether it’s stories from your own life (kids love to hear about when their parents struggled) or stories from public news and sport, inspire and encourage your kids with the narratives of the struggles of others.

It’s easy as a parent to get caught in the winning trap. We sometimes just get carried along with the hype. But maybe, just maybe, finishing 4th is better for kids in the long term than always being a winner.

Elaine Mahon
SOCIAL WORKER
Email: mahon.elaine@cathehdnet.wa.edu.au
Available Mondays, Tuesdays & Wednesdays
LIBELINK DAY LAUNCH
This morning, representatives from our school joined Archbishop Costelloe at Lake Monger to launch LifeLink Day. Our students made paper links to represent their support for people in need within the community. These links formed part of our ‘school chain’ which was joined to other schools’ chains to make into one long continuous chain.

In this Year of Mercy, we hope to present a powerful and visual demonstration of our young people joining together to help people in need, and provide an opportunity for Archdiocesan schools and students to join together, as one Catholic family, to celebrate and share LifeLink Day.

Kids of Mercy: Last week, Tanner amazed the ladies with his remote control helicopter but the ladies were just as happy to chat about his family photo. Simple pleasures. It is essential that you come to the office straight after the second bell as waiting for you will mean that the ladies have to wait too. Enrolment slips can be obtained from the office or library.

This week, Week 7, Friday 10th June the children attending are: Luca Traynor 2W, Archie Massey 3G, Jarrod Ferris 3W, Jasmine Frost 4G, Riley Hales 4G, Lachlan Hales 5B, Wil Massey 5B, Cora McCabe 5G, Alesio Traynor 6B, Oliver Frost 6B, Sophie Leete 6B, Freya McGrath 6G and Lia Fabris 6G.

LIBRARY NEWS
The Great Book Swap: Again, this year we are going to support the Indigenous Literacy Foundation. In week 10 of this term, the week we celebrate NAIDOC, we will be holding a book swap to raise funds for literacy resources for kids in remote Indigenous communities. From now until Wednesday 29th June you can bring to the library the books (in good condition) that you have loved reading but no longer want to keep. It should be a book that you know other children would enjoy. Your parents can send theirs in too! On Thursday 30th June you can bring a gold coin donation and choose a book to take home from those that have been donated. We will have the parent book swap before school and the children’s book swap before school, recess and at lunchtime. You can read more about the Indigenous Literacy Foundation at
http://www.indigenousliteracyfoundation.org.au

Library Quiz: Congratulations to Hannah Mohr 5B for knowing that we are raising money for Indigenous Literacy Foundation to help improve the reading skills of Aboriginal children in remote communities. This week: Name an event in history that you think is interesting.

See you in the Library. St Jerome, pray for us.
Mrs Annette Lynch
TEACHER/LIBRARIAN

CANTEEN NEWS
End of term special: Thursday 30th June 2016
Chicken Treat $5.50 & Juice Box
Choice of: 1/8 Chicken & Chips, Chicken Nuggets & Chips, Chicken Burger (with Salad & Mayo) & Chips
Note: Absolutely no late orders will be taken! No bag required.
Orders to be handed in by 23rd June, 12noon.

Thursday 9th June
Recess:
Chicken Wedges $1.20
Gluten Free Pokelet 60c
Roster:
Rebecca Pithers, Nadine Cooperwhite, Stacey Creyk

Monday 13th June
Recess:
Chicken Crackles $1.20
Lamington Fingers 60c
Roster:
Catherine Amatt, Emma Strutt, Nuccia Traynor

Thursday 16th June
Recess:
Yogo $1.60
Mini Pizza $1.30
Roster:
Emma Prescott, Lorraine Hughes-Smith, Carissa Tang Nian

Monday 20th June
Special: Sushi $5.00
Choice of Tuna, Chicken or Vegetarian, to be handed in by Thursday 16th June, 12noon.
Recess:
Chicken Pops $1.00
Muffin $1.50
Roster:
Kate Baker, Mel Zuchetti, Laura Sudano

Thursday 23rd June – Pastry Free Day
Wrong orders will be substituted with a cheese toastie
Special: Fish ‘n Chips $4.40
Recess:
Yogo $1.60
Mini Pizza $1.30
Roster:
Catherine Camilleri, Bec McKimmie, Donna Duncan

Monday 27th June
Recess:
Chicken Goujons $1.20
Mini Cupcake 60c
Roster:
Helen Wools-Cobb, Kylie Vanderwiel

PRENDIVILLE CATHOLIC COLLEGE OPEN DAY
Prendiville Catholic College will be holding its biennial Open Day on Tuesday 14th June. The College invites all interested parents and friends to attend. For more information, please see www.prendiville.wa.edu.au

WORLD OF MATHS INCURSION
Students from Pre-Primary to Year 6 will be taking part in a World of Maths incursion this week. World of Maths is a travelling maths show that provides colourful, hands-on activities to teach Maths in a fun and exciting way. This is just one of the many activities that are funded through the Incursion Fee part of your school fees.